

LINCOLN MIDDLE SCHOOL
700 West Lincoln Street, Mount Prospect, IL 60056
“The Friday Email”
October 16, 2009

- **IMPORTANT ATTACHMENT:** Parents and Guardians, please read the attached letter from the Office of the Superintendent concerning flu season.
- **The next three Board of Education meetings:** October 22 at Fairview, November 5 at Lincoln, and November 11 at a location to be determined later. All meetings begin at 7:30 p.m.
- **7th / 8th Grade Boys Basketball Tryouts:** Monday, October 19 3-4:30 pm / Tuesday, October 20 4:30 – 6 pm / Friday, October 23 4:30 – 6 pm
7th / 8th Grade Girls Basketball Tryouts: Monday, October 19 4:30 – 6 pm / Tuesday, October 20 3 – 4:30 pm / Wednesday, October 21 (7th) 3 – 4:30 pm (8th) 4:30 – 6 pm
- **New Lincoln Website:** lincoln.d57.org Get the newsletters by clicking on Newsletter Dates located on the lower right hand corner of the home page of the new website.
- **Halloween Reminder:** Costumes are **not** worn at Lincoln for Halloween! Students should listen to announcements in the near future for more information on what to wear on October 30th!
- **Reminder to 8th Grade Parents:** Enroll your child for 9th Grade at Prospect High School at <https://enroll.d214.org/> by October 30th!
- **MORE INFO ATTACHED:** See attached flyers about PEPS, PTA Open Gyms, Lincoln POMS Tryouts, and MPPD Dance.

From Mrs. Elliott and Mrs. Becker, Sponsors of Red Ribbon Week Activities

RED RIBBON WEEK: “I Pledge to be Healthy and Stay Drug Free”
School District 57 - October 19th – 23rd, 2009

The students and staff at Lincoln Middle School will continue the tradition of celebrating **Red Ribbon Week**, from October 19th-23rd. During the week, there will be exciting activities, and an opportunity for students to win great prizes.

On Monday, to kick off **Red Ribbon Week**, students will be making a class chain in advisory of positive alternatives to drugs. These chains will be combined and will be hung in the Commons area. On Tuesday, students will participate in a Red Ribbon Week Treasure Hunt. Wednesday is a Sports Tournament Day. Students will participate in activities during their P.E. class. Lincoln Leaders will participate in an act in the Variety Show on Thursday, October 22. Friday’s theme is “Settle Into a Drug Free Life.” Students and staff will show their commitment to living a Drug Free Life by wearing comfy clothes to school.

We would like to thank the following Lincoln Leaders for there help in planning **Red Ribbon Week**.

| | | | | |
|----------------|--------------|------------------|----------------|-----------------|
| Natasia Sotos | Josie Sajbel | Matt McPartlin | Susie Zalewski | Tommy Mathews |
| Katrina Leeney | Meghan Doyle | Noreen Caporusso | Mike Almisry | Celeste Caldron |
| Eryk Krzyak | Zoe Kollias | Steve Kollias | | |

Congratulations to Alexis, Maggie, Emma, Katrina, Kathryn, Gina, Jessica, Sammie, Damira, Kalie and Greg – Good Luck at State! Watch for more info about Cross County in next week’s Lincoln Newsletter!



Mount Prospect School District 57

701 West Gregory Street, Mount Prospect, Illinois 60056-2296
(847) 394 -7300 / Fa x (847) 394 -7311 / www.dist57.org

October, 2009

Dear Parent/Guardian:

District 57 continues to work closely with the Illinois State Board of Education and the Cook County Department of Public Health to monitor flu conditions and make decisions about the best steps to take concerning schools.

As part of our monitoring process, we will be tracking information on our school attendance lines. When you call the school to report your child's absence please be specific about the nature of your child's illness and let us know if your child has a fever over 100 degrees and a cough or sore throat.

Please note that the Centers for Disease Control and Prevention (CDC) continues to recommend the following steps which may keep your family from getting sick with the flu at school and at home:

Practice good hand hygiene by washing your hands often with soap and water, especially after coughing or sneezing. Alcohol-based hand cleaners are also effective.

Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. If you don't have a tissue, cough or sneeze into your elbow or shoulder; not into your hands.

Do not send children to school if they are ill. Any children who are determined to be ill while at school will be sent home. If you or your child are ill, you should stay home for at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Keeping students who are ill at home means that they keep their viruses to themselves rather than sharing them with others.

Students who are ill will be sent home and parents will be asked to keep the child home for at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine) to prevent further spread of the flu.

For more information, visit www.flu.gov, or call 1-800-CDC-INFO for the most current information about the flu.

Thank you for partnering with us to minimize the spread of illness in our schools and community.

Sincerely,

Dr. Elaine Aumiller
Superintendent

Don Angelaccio
Principal

Judi Brown
School Nurse

Our Mission is to ensure that all students achieve their full potential. Students will acquire the knowledge skills and attitudes of life-long learners to become contributing citizens of a global society. Students will be educated in a nurturing environment that reflects the common goals of our local community.

PEPS

Parent Education and Parent Support for Special Services

Dear Parents,

Our next meeting is scheduled for **Monday, October 19th** at 7 p.m. in the Lions Park School LRC. Our topic this month is **assistive technology**. Our guest speakers include Mr. Black (Fairview), Ms. Tyrcha (Lions), and Ms Morris (Lincoln) and they will be discussing and demonstrating several high tech and low tech communication devices. We will learn how to use various forms of assistive technology to help our children succeed.

We are asking you to RSVP to this meeting. We'd like to have as many people as possible attend this month. Please show your support for our kids by attending this special presentation.

We encourage all parents, caregivers, and school staff to attend this meeting and learn more about assistive technology in the marketplace and our district.

Thank you for your support and hope to see you on October 19th.

Venus Awe from Westbrook School: vpatricelli@hotmail.com

Michelle Smernoff from Fairview School: michellemarie218@gmail.com



Check out our new website at www.pepsdist57.ning.com.

LINCOLN PTA IS PROUD TO HOST OPEN GYM!

6th Grade Open Gym

Friday October 23, 2009, 3:00 to 4:30 PM

7th Grade Open Gym

Friday, October 30, 2009, 3:00 to 4:30 PM



Join the fun!

We will have volleyball, basketball, ping pong, board games, guessing jars, raffle and snacks.

Admission is free!

The activity bus will be available at 4 PM.

LINCOLN MIDDLE SCHOOL



Dear Parents and Students:

Poms Tryouts are here!! We will be holding Poms **TRYOUTS** on Wednesday, October 28th for seventh graders and Thursday, October 29th for eighth graders after school in the Cafeteria. If you can only make one day of tryouts, just let one of the coaches know and you will still be able to try out. Once you are finished trying out, you are free to leave. A physical examination is required **BEFORE** you can tryout. Please see our school nurse, Mrs. Brown, for necessary paperwork.

Guidelines for Tryouts:

- Students are required to attend one or both clinic days where they will learn the tryout routine. The Pom Clinic will be held on Monday, October 26th and Tuesday, October 27th after school in the cafeteria.
- Students will tryout in random groups of two or three.
- Please wear comfortable clothing to tryouts.
- A copy of the Poms Score Sheet is provided on the back of this letter.
- We are looking for students who have a positive attitude to represent the spirit of Lincoln Middle School.

Additional Information:

- If you were on the Poms Squad last year, it does not necessarily mean you will make the squad again. Each year there is new talent and new students who tryout for Poms.
- If you make the Poms Squad, you will not be allowed to tryout for the basketball team.
- Be aware that you are judged individually.

Responsibilities of Poms:

- If you make the team, practices will be about 2-3 times a week.
- Girls are required to wear the full uniforms on game days.
- Poms perform at all home basketball games. We do not travel to away games.
- Attendance at practices and games is mandatory unless excused by the coach.

Pom coaches this year are Mrs. Rose (Rm. 502) and Ms. Ralston (Rm. 301). We are looking forward to a great season.



This October...
"JUMP IN" TO DANCE!

The Mt. Prospect Center for Tap & Jazz offers middle school students the opportunity to "Jump In" to selected dance classes listed below for the last six weeks of the fall session. Students enrolling in the "Jump In" session will be able to register for the Winter Spring session to continue their training and participate in the spring recitals!

REGISTER TODAY!

- Visit any Mt. Prospect Park District facility to register in person or via phone-in registration (847.956.5353)
- Online registration is NOT available for "Jump In" students

"JUMP-IN" SESSION BEGINS WEDNESDAY, OCTOBER 21!

- The "Jump In" session runs for six weeks (No classes for Thanksgiving Wednesday, Nov. 25-Saturday, Nov. 28)
- The last day of classes is the week of Monday, Nov. 30 through Friday, Dec. 4 for weekday classes and Saturday, Dec. 12 for Saturday classes.

BEGINNING TEEN JAZZ (12 & up)

CLASS CODE: 3-3401-01-01

Tuesdays, 8:15-9:15 p.m. at RecPlex with Sandy Smolenski; R/NR Tuition: \$47/52 / Costume Fee: \$50 Starting October 27

This class is a great fit for teens who are either new to dance or new to jazz dance, and are looking to improve and challenge their dance ability. The class will move quickly through beginning and intermediate steps with an emphasis on proper jazz dance technique and teach students how dancers use rhythm and dynamic in movement.

NEW! BEGINNING TEEN HIP HOP (12 & up)

CLASS CODE: 3-3404-01-01

Fridays, 5:30-6:15 p.m. at RecPlex with Christina Beile; R/NR Tuition: \$43/48 / Costume Fee: \$50 Starting October 23

Teens will be introduced to the basic principles of Hip Hop dance. This high energy class begins with basic warm-ups followed by fun and energetic routines.

INTERMEDIATE AND ADVANCED HIP HOP

These upbeat classes offer students a chance to learn more complex aspects of Hip Hop dance. *Requires instructor permission.

| CLASS | DAY | TIME | LOC | INSTRUCTOR | R/NR TUITION | COSTUME FEE | CLASS CODE |
|------------------------|---------------------------|----------------|-----|-----------------|--------------|-------------|--------------|
| *Int 6 th + | Thursdays Starts 10/22 | 5:15-6 p.m. | RPX | Christina Beile | \$43/48 | \$50 | 3-3007-01-04 |
| *Int 6 th + | Saturdays Starts 10/24 | 1:30-2:15 p.m. | RPX | Caryn Hobbs | \$43/48 | \$50 | 3-3007-01-05 |
| *Adv 9 th + | Saturdays Starts 10/24 | 12-12:45 p.m. | RPX | Caryn Hobbs | \$43/48 | \$50 | 3-3007-01-06 |

***Please call 847.640.1000 with
with questions about class availability, placement, or registration.***