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MSMSAC Web Page
<http://www.holmes.d21.k12.il.us/MSMSAC/msmsac.htm>

IESA Web Page
<http://iesa.org>

GO LIONS!!

Lincoln



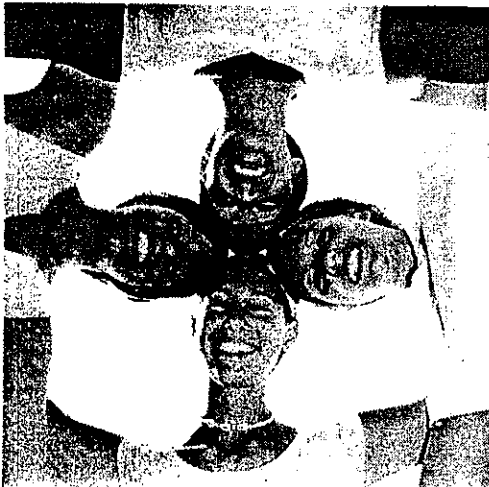
Activities 2010-11

Welcome to Lincoln!

This pamphlet provides a brief overview of many of the activities offered to students at Lincoln. We hope you will find the information helpful in planning a well-rounded experience for your child. Please feel free to contact us for more information or for clarification. We look forward to a great year filled with fun experiences!

Lincoln Activities Philosophy

We believe extra-curricular activities are an important extension of the educational process and encourage broad participation by all students. These programs enhance self-esteem, discipline, respect for rules, teamwork, and healthy living habits. Participation in extra-curricular activities also helps students set and attain goals. The entire school community is enhanced when students share their time and talents.



Requirements:

Sports Physical: All students participating in interscholastic athletics (including try-outs) must have a current sports physical on file in our health office. Physicals older than one calendar year are expired. Please check with our school nurse if you are uncertain if your child's physical is current.

Restricted Involvement: Students who participate in IESA sanctioned sports (cross country, wrestling, and track and field) are restricted from participating on "like sport" clubs or feeder teams during the scheduled season. Please contact your child's coach for specific details.

Eligibility: All students who participate in athletics at Lincoln must maintain both behavioral and academic eligibility. Students must demonstrate that performance in the classroom comes first! For more specific details, please consult the Lincoln Classroom and Expectations booklet distributed at the start of each year.

Parent Permission: Students participating in after-school activities are required to return a signed parent permission slip form distributed by the sponsor/coach.

Participation Fees: Parents will be notified of the amount and due date of activity fees when applicable. Students may not participate without full payment of fees. These fees are non-refundable after the first week of the activity.

Lincoln Clubs

Lincoln offers a variety of after-school clubs to provide a fun and enriching social experience for students. Each year, clubs are determined based upon student interest and faculty availability. Typically, clubs are offered after school from 3:00-4:00pm. Bus transportation is available daily at 4:00pm for students who have participated in an activity or worked in the Lincoln LRC.

In the past, the following clubs have been offered at Lincoln:

Yearbook
Lego Robotics
Science Club
Fitness
Lincoln Leaders
Student Council
Intramural Sports



Clubs are publicized through the Lincoln Newsletter and daily announcements. Information is also posted in the commons area. Students are encouraged to discuss club offerings with their advisor during advisory. All clubs listed in this program are finalized at the start of the new school year and should be considered tentative at this time.

Fees for clubs vary, but all participants must return a signed permission slip, maintain appropriate behavior, and demonstrate academic eligibility.

Lincoln Athletics

Lincoln participates in the Mid Suburban Middle School Athletic Conference (MSMSAC) in order to provide an array of athletic opportunities. By joining with other local schools that share a common vision and belief about the role of athletics, we are able to provide competitive opportunities without losing focus on our primary functions: teaching students and having fun!

In addition to Lincoln, the following schools participate in the MSMSAC:

Cooper Middle School
1050 W. Plum Grove Rd.
Buffalo Grove, IL
847-520-2750

MacArthur Middle School
700 N. Schoenbeck Rd.
Prospect Heights, IL
847-870-3880

Holmes Middle School
221 S. Wolf Rd.
Wheeling, IL
847-520-2790

River Trails
1000 N. Wolf Rd.
Mount Prospect, IL
847-298-1750

London Middle School
1001 W. Dundee Rd.
Wheeling, IL
847-520-2745

St. Peter Lutheran School
111 W. Olive St.
Arlington Heights, IL
847-253-6638

CONFERENCE SPORTS

Fall Season

Cross Country: Open to all eligible boys and girls in grades 6-8. (August – October)

Winter Season

Basketball: Try-outs held to select teams from all eligible boys and girls in grades 7-8. (October – January)

Poms: Try-outs held to select squads from all eligible girls in grades 7-8. (November – January)

Wrestling: Open to all eligible boys and girls in grades 6-8. (January – March)

Volleyball: Try-outs held to select teams from all eligible girls in grades 7-8. (January – March)

Spring Season

Track and Field: Open to all eligible boys and girls in grades 6-8. (April – May)

Cross country, wrestling, and track and field teams are open to all students and require no try-out. Basketball, poms, and volleyball teams are determined through a try-out process. Students are selected based on ability, potential, and team size limitations.

Lincoln Performing Arts

Students may choose to participate in a wide variety of performing arts programs at Lincoln. Whether instrumental, vocal, or theatrical, students have opportunities to share their talents. Many Lincoln students began participating in Dist. 57 music programs while in elementary school.


Our performing arts offerings are:

Lincoln Winds/Concert Band
Jazz Lab/Jazz Ensemble/Jazz Band
Lincoln Chorale/Celebration Company/Celebration Singers
6th Grade Orchestra/7th and 8th Grade Orchestra
Variety Show
Spring Musical

Lincoln participates in the Illinois Grade School Music Association (IGSMA) and Illinois Music Educators Association (IMEA) programs. Our students perform at a variety of festivals and community venues, as well as at evening concerts for friends and family.

In the fall, the Lincoln Variety Show highlights students' talents through musical, comedy, and dance acts. In the spring, Lincoln students participate in a full musical production culminating in three outstanding performances.


Proposed Lincoln Activities 2010-11 School Year

	Grade 6	Grade 7	Grade 8	Boys	Girls	Fee	Try-Out	Start Date	End Date	Physical	Before School	After School	Est. # of Mgs
Interscholastic Athletics													
Cross Country	◆	◆	◆	◆	◆	\$123	No	August	October	Yes		◆	4x/WK
Basketball		◆	◆	◆	◆	\$123	Yes	October	January	Yes	◆	◆	4x/WK
Pom Poms		◆	◆		◆	\$39	Yes	November	January	Yes		◆	4x/WK
Wrestling	◆	◆	◆	◆	◆	\$123	No	January	March	Yes	◆	◆	4x/WK
Volleyball		◆	◆		◆	\$123	Yes	January	March	Yes	◆	◆	4x/WK
Track/Field	◆	◆	◆	◆	◆	\$123	No	April	May	Yes		◆	4x/WK
Intramural Athletics													
Indoor Soccer	◆	◆	◆	◆	◆	\$13	No	Intramural Athletics Fees		No		◆	10
Flag Football	◆	◆	◆	◆	◆	\$13	No	are based on \$13 for		No		◆	10
Cardio Fitness	◆	◆	◆	◆	◆	\$13	No	10 sessions.		No		◆	10
Basketball	◆	◆	◆	◆	◆	\$13	No	Offerings are based upon		No		◆	10
Softball	◆	◆	◆	◆	◆	\$13	No	staff sponsorship and		No		◆	10
Volleyball		◆	◆	◆		\$13	Yes	facility availability.		No		◆	20

Activities and dates listed in this chart are finalized at the start of the new school year and should be considered tentative.

An activity bus is available daily at 4:00pm.

Proposed Lincoln Activities 2010-11 School Year

	Grade 6	Grade 7	Grade 8	Boys	Girls	Fee	Try-Out	Start Date	End Date	Physical	Before School	After School	Est. # of Mgs
Performing Arts													
V-Show	◆	◆	◆	◆	◆	\$0	Yes	September	October	No		◆	5
Lincoln Chorale	◆			◆	◆	\$60	No	September	June	No	◆		1x/WK
Celebration Company		◆	◆	◆	◆	\$60	No	September	June	No	◆		2x/WK
Celebration Singers		◆	◆	◆	◆	\$60	Yes	September	June	No		◆	1x/WK
Lincoln Winds	◆			◆	◆	\$60	No	September	June	No	◆		2x/WK
Concert Band		◆	◆	◆	◆	\$60	No	September	June	No	◆		2x/WK
Jazz Lab	◆			◆	◆	\$30	No	September	June	No	◆		1x/WK
Jazz Band		◆	◆	◆	◆	\$60	Yes	September	June	No	◆		1x/WK
Jazz Ensemble		◆	◆	◆	◆	\$30	Yes	September	June	No		◆	1x/WK
6th Grade Orchestra	◆			◆	◆	\$60	No	September	June	No	◆		1x/WK
7th/8th Grade Orchestra		◆	◆	◆	◆	\$60	No	September	June	No	◆		2x/WK
Spring Musical	◆	◆	◆	◆	◆	\$60	Yes	December	April	No		◆	Varies
Spring Musical Crew	◆	◆	◆	◆	◆	\$39	No	March	April	No		◆	Varies
Club Offerings													
Chess	◆	◆	◆	◆	◆	Varies	No	Club Activities are based		No		◆	Varies
Lego Robotics	◆	◆	◆	◆	◆	Varies	No	on \$13 for 10 sessions.		No		◆	Varies
Yearbook	◆	◆	◆	◆	◆	Varies	No	No fee for Service Clubs.		No		◆	Varies
Ski Club	◆	◆	◆	◆	◆	Varies	No	Offerings are based upon		No		◆	Varies
Student Council	◆	◆	◆	◆	◆	Varies	Yes	staff sponsorship and		No			Varies
Lincoln Leaders	◆	◆	◆	◆	◆	Varies	Yes	facility availability.		No			Varies
SOS/Service	◆	◆	◆	◆	◆	Varies	No			No		◆	Varies

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